

Psych2 Unit 1: Adolescence and Adulthood

Unit: Social Studies , Grade(s) 10 - 12

Unit 1

Duration: 3 Weeks

Unit

Content Specifications

PSYII.1.1 Describe the physical development of adolescence.

- puberty
- growth spurt
- male/female rates of maturation

PSYII.1.2 Describe the cognitive and social development of adolescents.

- Relationship with peers
- Psychosocial
 - Erikson
 - identity vs. role confusion
- Cognitive
 - Piaget
 - formal operational

PSYII.1.3 Describe the aspects of identity formation.

- Identity moratorium
 - searching for identity
 - exploring alternatives
 - delaying commitments
- Identity Foreclosure
 - conforming
 - identifying with others
 - becoming inflexible
- Identity Diffusion
 - making no commitments
 - wandering without goals
- Identity Achievement
 - exploring options
 - finding own identity
 - committing to direction

PSYII.1.4 Describe the social changes associated with adulthood.

- Establishing/maintaining career
- Establishing/maintaining family
- Parenting issues
- Marital issues
- Dealing with aging parents
- Community involvement

- Psychosocial (Erik Erikson)
 - intimacy vs. isolation
 - generativity vs. stagnation

PSYII.1.5 Describe the physical changes associated with adulthood.

- Mid-life changes

PSYII.1.6 Describe the social changes associated with old age.

- Life style changes
 - widow/widower
 - living arrangements
- Psychosocial (Erik Erikson)
 - integrity vs. despair

PSYII.1.7 Describe the physical changes associated with old age.

- Health changes

PSYII.1.8 Describe the cognitive changes associated with old age.

- Dementia
- Alzheimer's disease

PSYII.1.9 Describe the personal and societal aspects of thanatology.

- Personal
 - Kübler-Ross
 - five stages of grief
- Societal
 - hospice care
 - organ donation

UbD Stage 3 - Additional Materials

- Chapter 11
- Chapter 12

Standards Covered

CT: Critical and Creative Thinkers, Innovators, and Problem Solvers

CT.1: CRITICAL THINKING: Analyze and evaluate information and ideas to determine appropriate actions or develop a point of view.

CT.2: CREATIVE/INNOVATIVE THINKING: Generate original ideas, unique solutions, or new associations of existing ideas for an aesthetic or practical purpose.

CT.3: PROBLEM SOLVING: Anticipate and identify problems and challenges to develop solutions that effectively address them.

EC: Effective Communicators and Collaborators

EC.1: INFORMATION LITERACY: Use digital technology (networks, databases, and print materials) in an ethical manner, to identify relevant sources, evaluate validity, synthesize, analyze, and interpret information.

EC.2: LISTENING: Construct meaning and demonstrate understanding from verbal and nonverbal cues.

EC.3: COLLABORATION: Interact with diverse groups to achieve an objective while displaying flexibility and willingness to understand alternate points of view.

EC.4: COMMUNICATION: Articulate ideas and information clearly and appropriately for the given context, medium, and audience.

GA: Globally Aware, Independent, Responsible Learners and Citizens

GA.1: SOCIAL RESPONSIBILITY: Understand the importance of acting with integrity, empathy, and compassion and commit to making a meaningful contribution to the local, national, and/or global community by offering time, talents, advocacy, and/or resources to a worthy cause.

GA.3: INTERDEPENDENCE: Recognize and understand the social, economic, and political issues and concerns that connect us on all levels - locally, nationally, and /or globally - and commit, when necessary, to using this knowledge to inform decisions and actions.

GA.4: HEALTH LITERACY: Make informed decisions based on appropriate sources for a healthy lifestyle.

Materials

For a closer look at the materials list below, log onto <https://vbschools.schoolnet.com>

Resources:

1. Psych2 Unit 1: Instructional Objectives

Additional Properties

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